



## Medical Testimonials

Inversion is utilized by medical professionals from all different specialties. Here are a few letters of support from the medical community regarding the effectiveness of inversion in their professional practices and personal lives.

I have been using your inversion products in my chiropractic office for the past 14 years. Your inversion equipment is the best on the market, and my patients have benefited greatly from their inversion therapy.

During inversion, patients move their joints. The combination of traction and motion is what leads to good outcomes. Also, inversion is just one part of most case management plans.

Inversion, combined with diet changes, chiropractic, physical therapy and life-style modification lead to good long term outcomes for LBP patients.

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John Huber, D.C.

As a kinesiologist, I study human movement and how to make the body more efficient in work, in rest and in play. I'm 53 years old. I've been using inversion equipment for almost 30 years. It has helped me maintain the same height that I had as a young man, and has allowed me to help literally thousands of people live better and healthier lives. The usual stress of gravity on human tissue is debilitating. Every cell, tissue and organ suffers under the relentless pull of gravity. By changing the direction and gently inverting the body on a day-to-day basis, you will be amazed by the long-term and even short-term benefits.

Edward Thomas, Ed.D

I have now been using inversion traction for my patients with back pain for over 15 years. I now consider inversion traction an invaluable part of my therapeutic armamentarium. Many of my patients have responded dramatically to only short periods of inversion and others with chronic problems, which one would not necessarily expect to improve with any form of therapy, have experienced considerable benefit. It is a simple and logical approach to dealing with the accumulative effects of gravitational stress on the spine.

***"Many patients have responded dramatically to only short periods of inversion."***

John Tanner, MBBS, BSc

We have used your Inversion Table for a few months now and the system has been great for us. We have found the system to be lightweight, compact, and easy to adjust. My husband suffered a severe back and neck injury nearly four years ago, and he has tried all forms of therapies to relieve his pain and discomfort. His results with the inversion table are encouraging and lasting. He has attained the best results using the table 7 to 10 minutes a day in both the prone and supine position."

Michelle Segel, D.P.M.

We have been working with the inversion unit from a traditional and nontraditional stand point...We have observed well over 100 patients. We have had some interesting work also with people with a combination of problems of back pain from muscle strain, sacroiliac joints, intervertebral disc problems as well as scoliosis. We have found significant improvement using various inversion techniques which needs further exploration. However, we are excited about the results thus far.

Robert Bouvier, M.D.





I injured my back severely in 1963. Over the years, with chiropractic care I managed to become functional but nevertheless, I suffered major pain and refused to have surgery or drugs. In 1968, I decided to go to chiropractic college. Dr. Robert Martin, the originator of gravity traction, had his office near the Los Angeles College of Chiropractic and I was immediately attracted to the concept of hanging upside down from the ankles.

*"My pain levels were down significantly and my functional levels were up likewise."*

For the first time since 1963 I began to have pain free days; it was not until then, that I realized how much pain I had from my low back injury. Within three months of hanging upside down, daily, I was a changed person, my pain levels were down significantly and my functional levels were up likewise.

Chris Harrison, D.C.

A low back and hip injury left me totally disabled and my office was closed for four months. During that time, I went to the hospital twice, had four MRI's, five X-ray studies, a myriad of examinations and tests, including blood work, bone scan, colonoscopy and NMR studies. No one was able to diagnose my problem. In chiropractic college, I was exposed to the concepts of inversion therapy. Inversion therapy came to mind as a way to stretch the spine and produce relaxation in the spinal muscles. Hanging a few minutes every day made my back stronger than it had ever been.

Nathan Wirt, D.C.

I'm a massage therapist and I felt the table would be useful to me and my patients. I use it every morning and evening for 15 minutes each.

I feel better and my back doesn't get as achy when I use the Table regularly. I can really feel it when I don't use the Table for a few days. It really is an addiction.

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Roxane Corman, LMT

I am a diagnostic radiologist who has abused his back through sports, hard work and horses for years. About seven years ago, I began to experience back and left leg pain that progressed rapidly. An MRI revealed a lot of degenerative changes in my lumbar spine with two intervertebral disc that were herniated and for all practical purposes "worn out". I've been on anti-inflammatories for at least five years with some minimal relief. Five years ago, I began to experience numbness in some of my left toes with sciatica in the left hip and leg. This progressed to the point of constant pain and loss of feeling. Six months ago, I began to have loss of motor function in my left toes. I have seen the poor results of surgery on a daily basis on MRI's of lumbar discectomy. That was not an option. A friend...told me about the inversion table. My friend had suffered back problems for years and I had seen him many times at the hospital in terrible pain, so I knew he had tried everything. He told me how he had become pain free in about two months using an inversion table. If it had come from almost anyone else, I would not have believed it. I ordered one that day. In one week of use - twice to three times per day - the numbness in my toes improved 100%. During the second week, I slept my first pain free night in five years. I'm starting my third week tomorrow. This probably won't work for everyone, nothing does, but it is helping me greatly.

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Ken Hamilton M.D.